

Year 4 assessment criteria:

<p>Bronze/ developing:</p>	<p>Games/healthy lifestyle:</p> <ul style="list-style-type: none"> • Children can throw and catch to others with a variety of equipment with accuracy from standing with success often. • They can move and catch in small game situation with some success will begin to move into space to influence games in small groups 3 v 1. • Children play by rules fairly. • Children begin to use simple tactics in game, beginning to influence opposed conditioned games. • Children can move with a ball (unihoc, basketball, football) with some success. • Children can talk about reasons for exercising and why it's good for health <p>Dance, gym:</p> <ul style="list-style-type: none"> • Children can roll in a variety of ways including forwards roll safely. • Children will replicate dance moves with some accuracy and timing. • Children will begin to link simple moves in dance and gymnastics with some fluency, and over/under on apparatus. • Children will demonstrate good simple balances with control, and be inventive and more controlled (still, pointed toes, head up) in complex balances (3 point/ 1 point balances). • Children will begin to with support and create small dance with some timing. • Children can use dance vocabulary and can translate ideas from action words. • Children can compare others work noting similarities and differences, making suggestions for improvements. <p>Athletics/outdoor:</p> <ul style="list-style-type: none"> • Children can run at different speeds on command but will struggle with pacing when needed. • Children can take part in a variety of relay races and be ready to run when needed, moving quickly and at correct speed. • Children can jump from one leg and land on two effectively (running jump). • Children can demonstrate a range of throwing actions with accuracy. • Children will recognise changes in their body during activities. • Children will work with others, collaborating some ideas and put those into practice to overcome simple challenges.
<p>Silver/ secure:</p>	<p>Games/healthy lifestyles:</p> <ul style="list-style-type: none"> • Children can throw and catch with accuracy regularly and at different distance, they will catch on move with accuracy. • Children will move into space in small sided games will use space often in small games to outwit opponent. • Children can control and dribble ball in space in unopposed situations. • Children will begin to understand principles of training and link them to activities. • Children will take part in conditioned games understanding tactics and rule. • Children will recognise changes in body and link to activity type and intensity. <p>Dance/gym:</p>

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	<ul style="list-style-type: none"> • Children can perform different balances; travels and rolls including forwards roll/teddy bear roll with quality and control. • Children will have good timing and accuracy when performing dance moves individually. • Children will collaborate and create own dance with some timing using unison and some cannon with some accuracy. • Children can link and vary ideas with control and coordination. • Children will apply compositional ideas to sequences alone and with others. <p>Athletics/ outdoor:</p> <ul style="list-style-type: none"> • Children can throw different objects over longer distances. • Children can take a running jump with better technique to increase distance. • Children can run at speed with control, changing speed when necessary, and on command. • Children will be able to read a simple map effectively finding checkpoints with assistance. • Children will work in a team effectively, communicating, often sharing good practice and helping others to overcome challenges.
<p>Gold/ mastery:</p>	<p>Games/ healthy lifestyles:</p> <ul style="list-style-type: none"> • Children can control different balls (bouncing, feet, catching, with stick) regularly unopposed with good control and accuracy often and opposed sometimes. • Children will evaluate self and other performance and use to improve own performance. • Children will sometimes use tactics in game situation to outwit opponents and will move into space and read game more effectively, using tactics and playing by the rules. • Children will be able make contact with racket/bat and moving ball regularly and with some accuracy. • Children will begin to move opponent around the court to make space. • Children will understand principles of training and how they improve sporting performance, linking balance/coordination/speed etc to game play. <p>Dance/ Gym:</p> <ul style="list-style-type: none"> • Children will do partner/group balances with quality and control and be inventive with them. • Children will be able to create a gymnastics routine in a group with invention, timing, control. • Children will be fluent and safe on apparatus using a variety of gymnastics travel, shapes and flights to go over/under/on apparatus. Children will perform cartwheels and handstands unaided with some control. • Children will be able to create a dance using a variety of action words with timing, pathways and formations whilst evaluate using this language, continually demonstrating rhythm and spatial awareness. • Children can modify performance and that of others as a result of observation. <p>Athletics/outdoor activities:</p>

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	<ul style="list-style-type: none">• Children will be confident in leading warm ups and cool down using correct terminology and doing it safely.• Children will show good teamwork in a variety of demanding settings and games often communicating effectively. Children will begin to show good map reading skills using the key and orientating the map, being confident when doing so.• Children will be in the top 25% of the class when sprinting/running distance/throwing/jumping activities.• Children will begin to run a speed appropriate for distance.• Children will demonstrate accuracy and technique in a variety of throws and jumps.• Children will identify and explain good athletic performance.
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