

**Year 5 assessment criteria:**

<p><b>Bronze/ Developing:</b></p>	<p><b>Games/healthy lifestyles:</b></p> <ul style="list-style-type: none"><li>• Children can throw and catch with accuracy regularly and at different distance, they will catch on move with accuracy.</li><li>• Children will move into space in small sided games, will use space often in small games to outwit opponent.</li><li>• Children can control and dribble ball in space in unopposed situations.</li><li>• Children will begin to understand principles of training and link them to activities.</li><li>• Children will take part in conditioned games understanding tactics and rule.</li><li>• Children will recognise changes in body and link to activity type and intensity.</li></ul> <p><b>Dance/gym:</b></p> <ul style="list-style-type: none"><li>• Children can perform different balances; travels and rolls including forwards roll/teddy bear roll with quality and control.</li><li>• Children will have good timing and accuracy when performing dance moves individually.</li><li>• Children will collaborate and create own dance with some timing using unison and some cannon with some accuracy.</li><li>• Children can link and vary ideas with control and coordination.</li><li>• Children will apply compositional ideas to sequences alone and with others.</li></ul> <p><b>Athletics/ outdoor:</b></p> <ul style="list-style-type: none"><li>• Children can throw different objects over longer distances.</li><li>• Children can take a running jump with better technique to increase distance.</li><li>• Children can run at speed with control, changing speed when necessary, and on command.</li><li>• Children will be able to read a simple map effectively finding checkpoints with assistance.</li><li>• Children will work in a team effectively, communicating, often sharing good practice and helping others to overcome challenges.</li></ul>
<p><b>Silver/ Secure:</b></p>	<p><b>Games/ healthy lifestyles:</b></p> <ul style="list-style-type: none"><li>• Children can control different balls (bouncing, feet, catching, with stick) regularly unopposed with good control and accuracy often and opposed sometimes.</li><li>• Children will evaluate self and other performance and use to improve own performance.</li><li>• Children will sometimes use tactics in game situation to outwit opponents and will move into space and read game more effectively, using tactics and playing by the rules.</li><li>• Children will be able make contact with racket/bat and moving ball regularly and with some accuracy.</li><li>• Children will begin to move opponent around the court to make space.</li><li>• Children will understand principles of training and how they improve sporting performance, linking balance/coordination/speed etc to game play.</li></ul> <p><b>Dance/ Gym:</b></p> <ul style="list-style-type: none"><li>• Children will do partner/group balances with quality and control and be inventive with them.</li></ul>

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	<ul style="list-style-type: none"> <li>• Children will be able to create a gymnastics routine in a group with invention, timing, control.</li> <li>• Children will be fluent and safe on apparatus using a variety of gymnastics travel, shapes and flights to go over/under/on apparatus.</li> <li>• Children will perform challenging balances unaided with some control.</li> <li>• Children will be able to create a dance using a variety of action words with timing, pathways and formations whilst evaluate using this language, continually demonstrating rhythm and spatial awareness.</li> <li>• Children can modify performance and that of others as a result of observation.</li> </ul> <p><b>Athletics/outdoor activities:</b></p> <ul style="list-style-type: none"> <li>• Children will be confident in leading warm ups and cool down using correct terminology and doing it safely.</li> <li>• Children will show good teamwork in a variety of demanding settings and games often communicating effectively.</li> <li>• Children will begin to show good map reading skills using the key and orientating the map, being confident when doing so.</li> <li>• Children will be in the top 25% of the class when sprinting/running distance/throwing/jumping activities.</li> <li>• Children will begin to run a speed appropriate for distance.</li> <li>• Children will demonstrate accuracy and technique in a variety of throws and jumps.</li> <li>• Children will identify and explain good athletic performance.</li> </ul>
<p><b>Gold/ Mastery :</b></p>	<p><b>Games/healthy active lifestyle:</b></p> <ul style="list-style-type: none"> <li>• Children can demonstrate specific aspects of warm-up &amp; describe effects of exercise on the body using scientific language and the reasons for these effects.</li> <li>• Children will use tactics when defending and attacking in small sided games, making improved decisions.</li> <li>• Children will move with the ball in opposed situations outwitting opponent.</li> <li>• They will throw/catch/pass on the move and accurately, using tactics and using team to outwit opponents.</li> <li>• Children will demonstrate good fielding skills getting body behind the ball and returning ball effectively</li> <li>• They will strike a bowled/moving ball with good technique often.</li> </ul> <p><b>Dance/gym:</b></p> <ul style="list-style-type: none"> <li>• Children can link techniques and ideas and apply them accurately and appropriately showing precision, control and fluency.</li> <li>• Children will use techniques to create a routine in a group that is well timed and choreographed and planned.</li> <li>• Children will assess and evaluate self and others and use this to improve using good language.</li> <li>• Children Perform more complex sequences in a group and over apparatus.</li> <li>• Children will use a variety of dance styles and formations with accuracy and fluency.</li> </ul> <p><b>Athletics/outdoor activities:</b></p> <ul style="list-style-type: none"> <li>• Children can sustain and maintain running technique at different speeds and alter speed based on feelings and tactics in a race.</li> </ul>

**Year 5 assessment criteria:**

	<ul style="list-style-type: none"><li>• Children will be able to show good running technique over different distances.</li><li>• Children can demonstrate good technique in a range of throwing and jumping activities.</li><li>• Children will be in the top 20 % when doing these in terms of distance.</li><li>• Children will begin to show good leadership qualities when working in a team and use these to overcome several challenges.</li><li>• Children will be able to change route (best route) to overcome problems when map reading will begin to do at pace and with confidence.</li></ul>
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