PSHE subject overview based on SCARF half-termly units and related key themes 

(Units include lesson plans that cover all the DfE statutory requirements for Relationships Education and Health Education)

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| **Statement of Intent**  Personal Social and Health Education helps pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepare for life and work in modern Britain. The PSHE curriculum incorporates Relationships, Sex and Health Education (RSHE).  **The importance of PSHE**  Our personal, social and health education (PSHE) programme promotes children’s personal, social and economic development, as well as their health and wellbeing. It helps to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.  At Windmill, children’s wellbeing, happiness and safety are our first priority, and PSHE is the key vehicle through which we share this with children. We regard PSHE as an important, integral component of the whole curriculum; it is central to our approach and at the core of our ethos. |

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| **Year/Half-termly unit titles** | **1**  **Me and my Relationships** | **2**  **Valuing Difference** | **3**  **Keeping Safe** | **4**  **Rights and Respect** | **5**  **Being my Best** | **6**  **Growing and Changing** |
| **For key vocabulary- see vocabulary builder document** | | | | | | |
| **Nursery** | Marvelous me!  I’m special  People who are special to me | Me and my friends  Friends and family  Including everyone | People who help me and keep me safe  Safety indoors and outdoors  What’s safe to go into my body | Looking after myself  Looking after others  Looking after my environment | What does my body need?  I can keep trying  I can do it! | Growing and changing in nature  When I was a baby  Girls, boys and families |
| **EYFS** | All about me  What makes me special  Me and my special people  Who can help me?  My feelings  My feelings (2)  Emotions Work Lesson 1 (see separate plan) | I’m special, you’re special  Same and difference  Same and different families  Same and different homes  I am caring  I am a friend  Emotions Work Lesson 2 (see separate plan)  *Anti bullying week (Monday 13th- Friday 17th November)* | What’s safe to go onto my body  Keeping myself safe  Safe indoors and outdoors  Listening to my feelings  Keeping safe online  People who help to keep me safe  Emotions Work Lesson 3 (see separate plan)  *Children’s mental health week Monday 5th February-Friday 11th February)* | Looking after my special people  Looking after my friends  Being helpful at home and caring for our classroom  Caring for our world  Looking after money (1)  Looking after money (2)  Emotions Work Lesson 4 (see separate plan) | Bouncing back when things go wrong  Yes, I can!  Healthy eating  My healthy mind  Move your body  A good night’s sleep  Emotions Work Lesson 5 (see separate plan) | Seasons  Life stages, plants animals humans  Life stages: human life stage- who will I be?  Getting bigger |
| **Y1** | Why we have classroom rules  How are you listening?  Thinking about feelings  Our feelings  Feelings and bodies  Good friends  Emotions Work Lesson 1 (see separate plan) | Same or different? unkind, tease or bully?  Harold’s school rules  It’s not fair!  Who are our special people?  Our special people balloons  Emotions Work Lesson 2 (see separate plan)  *Anti bullying week (Monday 13th- Friday 17th November)* | Super sleep  Who can help? (1)  Good or bad touches?  Sharing pictures  What could Harold do?  Harold loses Geoffrey Emotions Work Lesson 3 (see separate plan)  *Children’s mental health week Monday 5th February-Friday 11th February)* | Harold has a bad day  Around and about the school  Taking care of something  Harold’s money  How should we look after our money?  Basic first aid  Emotions Work Lesson 4 (see separate plan) | I can eat a rainbow  Eat well  Harold’s wash and brush up  Catch it! Bin it! Kill it!  Harold learns to ride his bike  Pass on the praise! | Healthy me  Then and now  Taking care of a baby  Who can help? (2)  Surprises and secrets  Keeping privates private |
| **Y2** | Our ideal classroom (1)  How are you feeling today?  Let’s all be happy!  Being a good friend  Types of bullying  Don’t do that!  Emotions Work Lesson 1 (see separate plan) | What make us who we are?  My special people  How do we make others feel?  When someone is feeling left out  An act of kindness  Solve the problem  Emotions Work Lesson 2 (see separate plan)  *Anti bullying week (Monday 13th- Friday 17th November)* | Harold’s picnic  How safe would you feel?  What should Harold say?  I don’t like that!  Fun or not?  Should I tell?  Emotions Work Lesson 3 (see separate plan)  *Children’s mental health week Monday 5th February-Friday 11th February)* | Getting on with others  When I feel like erupting  Feeling safe  Playing games  Harold saves for something special  How can we look after our environment?  Emotions Work Lesson 4 (see separate plan) | You can do it!  My day  Harold’s postcard- helping us to keep clean and healthy  Harold’s bathroom  What does my body do? Basic first aid | A helping hand  Sam moves away  Haven’t you grown?  Respecting privacy  Some secrets should never be kept |
| **Y3** | As a rule  Looking after our special people  How can we solve this problem?  Tangram team challenge  Friends are special  Dan’s dare  Emotions Work Lesson 1 (see separate plan) | Respect and challenge  Family and friends  My community  Our friends and neighbours  Let’s celebrate our differences  Zeb  Emotions Work Lesson 2 (see separate plan)  *Anti bullying week (Monday 13th- Friday 17th November)* | Safe or unsafe?  Danger or risk?  The risk robot  Super searcher  Hel or ham?  Alcohol and cigarettes: the facts  Emotions Work Lesson 3 (see separate plan)  *Children’s mental health week Monday 5th February-Friday 11th February)* | Helping each other to stay safe  Recount task  Our helpful volunteers  Can Harold afford it?  Earning money  Harold’s environment project  Emotions Work Lesson 4 (see separate plan) | Derek cooks dinner!  Poorly Harold  Body team work  For or against?  I am fantastic!  Top talents | Relationship tree  Body space  None of your business!  Secret or surprise?  Basic first aid |
| **Y4** | Ok or not ok? (part 1)  Ok or not ok? (part 2)  An email from Harold!  Different feelings  When feelings change  Under pressure  Emotions Work Lesson 1 (see separate plan) | Can you sort it?  What would I do?  The people who share our world with  That is such a stereotype!  Friend or acquaintance?  Islands  Emotions Work Lesson 2 (see separate plan)  *Anti bullying week (Monday 13th- Friday 17th November)* | Danger, risk or hazard?  How dare you!  Keeping ourselves safe  Raisin challenge  Picture wise  Know the norms  Emotions Work Lesson 3 (see separate plan)  *Children’s mental health week Monday 5th February-Friday 11th February)* | Who helps us stay healthy and safe?  It’s your right  How do we make a difference?  In the news!  Safety in numbers  Why pay taxes  Emotions Work Lesson 4 (see separate plan) | What makes me ME!  Making choices  SCARF hotel  Harold’s seven Rs  My school community (1)  Basic first aid | Moving house  Secret or surprise?  Together  Traffic lights  Volunteering is cool |
| **Y5** | Collaboration challenge!  Give and take  How good a friend are you?  Spot bullying  Our emotional needs  Being assertive  Ella’s diary dilemma  Emotions Work Lesson 1 (see separate plan) | Qualities of friendship  Kind conversations  Happy being me  The land of the red people  Is it true?  Stop, start, stereotypes  Emotions Work Lesson 2 (see separate plan)  *Anti bullying week (Monday 13th- Friday 17th November)* | GREAT PROJECT  Play, like, share  Would you risk it?  Emotions Work Lesson 3 (see separate plan)  *Children’s mental health week Monday 5th February-Friday 11th February)* | What’s the story?  Fact or opinion  Mo makes a difference  Rights, respect and duties  Spending wisely  Lend us a fiver!  Vaping: healthy or unhealthy  Emotions Work Lesson 4 (see separate plan) | Different skills  Independence and responsibility  Star qualities?  Basic first aid, including sepsis awareness  Local councils  Decision dilemmas  Emotions Work Lesson 5 (see separate plan) | How are they feeling?  Taking notice of our feelings  Dear ash  Growing up and changing bodies  Changing bodies and feelings  Help! I’m a teenager- get me out of here! |
| **Y6** | DARE | DARE  Emotions Work Lesson 1 (see separate plan)  *Anti bullying week (Monday 13th- Friday 17th November)* | Think before you click!  To share or not to share?  Fakebook friends  Don’t force me  Advertising friendships!  Emotions Work Lesson 2 (see separate plan)  *Children’s mental health week Monday 5th February-Friday 11th February)* | Behave yourself  Tolerance and respect for others  Boys will be boys?  Emotions Work Lesson 3 (see separate plan) | Basic first aid, including sepsis awareness  This will be your life!  Emotions Work Lesson 4 (see separate plan) | I look great!  Media manipulation  Pressure online  Helpful or unhelpful? Managing change  Is this normal?  Making babies  Emotions Work Lesson 5 (see separate plan) |